



City of Corner Brook

**A Proclamation of CMHA Mental Health Week
May 1st – 7th, 2017**

WHEREAS, CMHA Mental Health Week promotes mental health awareness through education campaigns, activities and events held across Newfoundland and Labrador and offers practical ways to maintain and improve mental health and support recovery from mental health problems and illnesses; and


WHEREAS, the Canadian Mental Health Association encourages everyone to Get Loud for mental health – to speak up and take action to improve mental health for all Canadians; and

WHEREAS, increased awareness and understanding of mental health will promote the use of mental health services and supports and ensure Canadians with mental health problems and illnesses are afforded the opportunity to recover; and

WHEREAS, the Canadian Mental Health Association actively supports and encourages good mental health in all aspects of our lives, during CMHA Mental Health Week and throughout the year.

THEREFORE, BE IT RESOLVED, that, I, Mayor Pender, on behalf of City Council, do hereby proclaim May 1-7, 2017 as "CMHA Mental Health Week" in the City of Corner Brook and urge all residents to join me and Get Loud for mental health.

DATED at Corner Brook, Newfoundland, this 24th day of April 2017.



Charles Pender, Mayor